

Aspire Academy PE and Sport Premium Spend Strategy 2021-22

Government funding has been granted to improve the quality and breadth of PE and sport provision in Primary schools, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and reach the performance levels they are capable of.

We have aimed to address five key indicators identified by the Government:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Aspire Academy has sought to utilise these funds to make additional and sustainable improvements to the quality of PE and sport we offer.

Aims;_

- To raise outcomes for children by ensuring they each have access to high quality PE provision and that they engage in regular physical exercise
- To develop a vision that recognises that by the time each child leaves Aspire Primary they will have a positive approach to physical activity, have achieved personal success and developed a sense of pride that provides them with the confidence to try new experiences through the next stages of their life.

Objectives:_

- All pupils have access to high quality PE provision and are given the opportunity to participate in a broad range of sports activities
- All pupils have at least 60 minutes of daily physical activity every day through active break times, PE lessons, Forest School and the Recreation for Life programme

Plan for PE & Sport Premium spend (Sept 2021– August 2022) based on allocated income of £16,000

Strategy/Intervention	Predicted Cost	Objective
Swimming	£2200	All pupils will increase in their confidence in the water. All Y6 leavers will be able to swim at least 25m.
<u>Recreation for Life programme</u>		
1. Baskervilles – Terms 1-5	£2200	1. All pupils engage in the activity: pupils fine control of their own bodies; pupils cross body-midline development is increased; competence in brain-gym at school and the positive impact this has on their other learning demonstrated
2. Team-building activities with Canal Ministries	£500	2. Collaboration & team-working improves. All pupils able to engage in each role in order to contribute to the safe ‘sailing’ of the barge.
3. Dance/drama programme - The Egg theatre group +	£1000	3. Pupils’ are encouraged to try new activity and are willing to ‘have a go’ even when they lack confidence or are very negative about it.
4. Physical activity in the community	£500	4. Pupils give experience of activities available within their local community (e.g. mini golf; pumpkin picking; tennis; fishing)
5. Teen yoga	£2000	5. All pupils engage in the activity and have experience of yoga as part of their mindfulness programme
In-school 1to1 fitness /physical therapy programmes	£2.500	Identified pupils engage in daily fitness intervention. Stamina and body self-image improvements – evidenced by a reduction in expressions of negative self-image and self-esteem.
SEMH-tailored Sports Day equipment. *	£300	Pupils will manage minor levels of competition positively. All pupils will have fun and manage a very small level of competition.
Daily activities		
• Morning run	£100	Numbers participating positively or are active in supporting and encouraging their peers. Happier playtimes - number and severity of incidents reduced
• Equipment to facilitate collaborative play at playtimes	£800	
Improving staff expertise and confidence:-		
• Third MOS Forest School trained	£1500	With the growth of numbers within KS1&2 a third trained MOS is needed for all pupils are to have access to Forest School weekly.
• MOS trained in “Orienteering for Kids”	£1000	Orienteering is introduced into the Aspire offer

To maintain PE equipment provision and re-stock as necessary. NB: as part of their particular needs, replacement costs are higher than might usually be anticipated	£1000	Good quality and condition equipment is available for PE lessons and for collaborative play and play therapy.
Y6 pupils to negotiate a focus and plan their trip - collaboratively	£200	Pupils will learn to negotiate, cost and plan their leavers' trip with a PE/Sport focus (e.g. fishing; High-ropes; rock-climbing etc)
Total Cost	£15,800	

Total spend at this point: £16,000 in line with annual allocation.

Unspent funding from 2020/21 - £13,500:-

Strategy/Intervention	Predicted Cost	Objective
Individual sports mentoring interventions – beyond those usually planned and targeted at those pupils who have experienced especially challenging times through the pandemic	£12.500	Pupils learn to use sport and physical activity as a strategy and tool in the management of their own behaviour and strong emotions. Pupils' mental health and well-being positively impacted as evidenced through greater engagement in learning and reduction in challenging behaviours Pupils' serious incidents and exclusion rates reduce as they learn to manage their own feelings more effectively.
<u>Recreation for Life programme</u>		
1. Cycling (this has not been possible through the last 2 years and we wish to reinstate – likely to be scheduled for the autumn)	£1000	1. Older pupils learn to maintain their own bicycles Younger pupils to learn to ride a bike

***Notes:-**



- **Competition is a major challenge for our pupils whose self-image tends to be poor and self-esteem low. The balance between competition and collaboration is extremely hard for our pupils and they either pursue competition too strongly, or their negative self-image of themselves increases. This is not a helpful KI for our pupils in this setting.**
- **Competition against themselves to improve their personal performance in the morning run or at swimming is positive. The use of this grant to ease access to these targets has been positive in previous years in enabling all our pupils to participate in these challenges.**

PE and sport premium grant spending plan 2020/21

Allocation: £16,000

Sports grant coordinator: Amanda Tapsfield

Key indicator 1: The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
Year 6 leavers:-	The timetabling of:- <ul style="list-style-type: none"> Swimming (T1,2,5,& 6) Bike maintenance programme (T4) Morning run (daily) 	0	All Y6 leavers can:- <ul style="list-style-type: none"> Swim at least 25m Improve their physical health and well-being Undertake basic maintenance on their own bicycles Improve on their personal best during the morning run 		Coaches' evaluation Trainer's judgements presented to CT Timings logs held by MOS i/c PE
Individual Sp Fam Change interventions	Individual mentoring using the medium of sport – focused on developing emotional health and well-being and personal behaviour management	£12,500	Pupils try out and enjoy a range of sporting activities that they would not normally experience	Mentors' reports	Mentors' end of year reports Mentors' weekly feedback to CT or HoC
			Pupils learn to use sport and physical activity as a strategy and tool in the management of their own behaviour and strong emotions	Centre records	
Swimming	Alternative terms hire of private swimming pool and coaches since our pupils cannot access the public baths	£2200	All pupils will increase in their confidence in the water	Assessment by professional swimming coaches	Coaches' evaluation Staff observations during sessions

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole-school improvement

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
Collaborative play at playtimes	Increase equipment available and access to this through well-organised and accessible store	£800	Happier playtimes	Monitoring of numbers and severity of incidents at playtimes	CPOMS logs
Morning run	All classes to timetable regular morning run (at least twice a week)	£100	All pupils participate in morning run at least twice each week	Annual 2K run	Staff observations & records of lap times
High quality PE lessons are planned and delivered to all pupils	To maintain PE equipment provision and re-stock as necessary. NB: as part of their particular needs, replacement costs are higher than might usually be anticipated	£1000	Good quality and condition equipment is available for PE lessons and for play therapy	Monitoring of engagement and progress	Lesson observations Pupil engagement in PE lessons and play therapy sessions Pupil attainment tracking shows good progress in the development of skills
In-school 1to1 fitness/physical therapy programme	To identify individual pupils with very poor body image and support intervention	£2,500	Improved stamina and body self-image evidenced by reduction in expressions of negative self-image and low self-esteem	Monitoring of engagement and progress	Lead teacher planning and observations CPOMS logs

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
All staff more confident to support /join in and demonstrate the	Staff timetabled to participate in Rec for Life	0	All staff fully engaged in all activities planned	Participation log	

positive value of PE/Sport/ active leisure activities	and Forest School sessions		Pupils respond to staff engagement and are willing to 'have a go' even when they lack confidence or are very negative about an activity	"	Staff observations
Improving staff expertise and confidence:- <ul style="list-style-type: none"> • A second MOS is Forest School trained • A MOS is trained in 'orienteering for kids' 	Third MOS to undertake FS course – 2021-22	£1500	All pupils can have access to Forest School every week	MOS training logs	Timetabling Evaluation of pupils' skills development & engagement
	A suitable course identified and a MOS	£1000	Orienteering is introduced into the Aspire offer	Course identified and booked	Course identified and booked

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
Rec for Life programme:-	1. Baskervilles gym	£2200	All pupils engage in the activity: pupils fine control of their own bodies; pupils cross body-midline development is increased; competence in brain-gym at school and the positive impact this has on their other learning demonstrated	Teacher observation and reporting at start and again at end of programme	Staff observations Coaches' evaluations Pupils' increased body awareness and control
	2. Cycling	£1000 (track & bikes hire)	Older pupils learn to maintain their own bicycles Younger pupils learn to ride a bike		Trainer's evaluations Staff observations

	3. Team-building on the canal	£500	Collaboration & team-working improves. All pupils able to engage in each role in order to contribute to the safe 'sailing' of the barge		Providers' evaluations Staff observations
	4. Dance-drama course - the egg theatre group +	£1000	Pupils are willing to try a new activity – even if they lack confidence or are negative about it	Teacher i/c presents plan to HoC	Staff observations Feedback from external coaches Photographs
	5. Physical activity in the community	£500	Pupils given experience of activities available within their local community	“	“
	6. Teen Yoga	£2000	Pupils experience yoga as an element of their mindfulness programme	“	“
End of year trip for leavers	Pupils will plan their leavers' trip with a PE/Sport focus	£200	Pupils will negotiate a focus and plan their trip - collaboratively	Trip plan presented to HoC.	Photographs of the successful trip.
Key indicator 5: Increased participation in competitive sport					
Objective	Key actions	Allocated funding	Anticipated outcomes	Monitoring task	Evidence of impact/legacy (school, staff, pupils)
Pupils will manage minor levels of competition positively	Plan a Sports Day that all pupils will feel able and enthusiastic about participating in.	£300	All pupils will have fun and manage a very small level of competition	Staff observations	Sports Day a successful and happy event Photographs



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